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Interdisciplinary Health Sciences PhD
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EDUCATION

- 2022 – present ABD, Interdisciplinary Health Sciences PhD Program
University of Texas at El Paso, El Paso, TX 79968
Dissertation title: Memory clinic: Prevention of Cognitive Impairment
- 2011-2013 M.S., Gerontology Program
University of Guadalajara, Guadalajara, MX
Thesis title: Religious meaning and its relationship with psychosocial development
a and satisfaction with life in older adults in the metropolitan area of Guadalajara, a
a Jalisco.
- 2004-2008 B.S., Psychology Program
University of Guadalajara, Guadalajara, MX

RESEARCH EXPERIENCE

- 2022 – present (Memory clinic: Prevention of Cognitive Impairment; Dr. Bruce Friedman)
- 2020 – present (Mental Health; Dr. Alejandro Domínguez Rodríguez)
- 2011 – 2013 (Religious meaning and its relationship with psychosocial development
a and satisfaction with life in older adults in the metropolitan area of Guadalajara, a
a Jalisco; Dr. Neyda Ma. Mendoza Ruvalcaba)

PROFESSIONAL EXPERIENCE

- 2020 – present Member of ITLAS (Online Interventions for Latin America and Spain) Group

TEACHING EXPERIENCE

- 2015 – present Full-time Professor
B.S., Gerontology, University Autonomous of Ciudad Juárez
- 2014 – 2015 Psych gerontology professor
B.S., Gerontology, University of Guadalajara

PROFESSIONAL AFFILIATIONS

- 2019 – present Dementia Friends

PUBLICATIONS

- Domínguez-Rodríguez, A.; Martínez-Arriaga, R.J.; Herdoiza-Arroyo, P.E.; Bautista-Valerio, E.; de la Rosa-Gómez, A.; Castellanos-Vargas, R.O.; Lacomba-Trejo, L.; Mateu-Mollá, J.; Lupercio Ramírez, M.d.J.; Figueroa González, J.A.; et al. (2022). E-Health Psychological Intervention for COVID-19 Healthcare Workers: Protocol for its Implementation and Evaluation. *Int. J. Environ. Res. Public Health* 2022, 19, 12749. <https://doi.org/10.3390/ijerph191912749>

- De la Rosa-Gómez, A., Flores-Plata, L., Esquivel-Santoveña, E., Santillán Torres Torija, C., García-Flores, R., Domínguez-Rodríguez, A., Arenas-Landgrave, P., Castellanos-Vargas, R.O., Berra-Ruiz, E., Silvestre-Ramírez R., Miranda-Díaz, G., Díaz-Sosa D., Hernández-Posadas A., Flores-Elvira A., Valencia P. and Vázquez-Sánchez M. (2022). Efficacy of a transdiagnostic guided internet-delivered intervention for emotional, trauma and stress-related disorders in Mexican population: study protocol for a randomized controlled trial. *BMC Psychiatry*, 22(1).

<https://doi.org/10.1186/s12888-022-04132-6>

-Domínguez-Rodríguez, A., Herdoiza-Arroyo, P. E., Martínez Arriaga, R. J., Bautista Valerio, E., Mateu Mollá, J., De la Rosa Gómez, A., Farfallini, L., Hernández Jiménez, M.J., Esquivel Santoveña, E. E., Ramírez-Martínez, F. R., Castellanos-Vargas, R. O., Arzola-Sánchez, C. A., Arenas-Landgrave, P. and Martínez-Luna, S.C, (2022) Prevalence of anxiety symptoms and associated clinical and sociodemographic factors in Mexican adults seeking psychological support for grief during the COVID-19 pandemic: a cross-sectional study. *Frontiers in Psychiatry*.

<https://doi.org/10.3389/fpsyg.2022.749236>

PRESENTATIONS

Castellanos-Vargas R.O., Mendoza-Ruvalcaba N. M, Arias-Merino E. (2017, july). Religious meaning and its relationship with psychosocial development and satisfaction with life in older adults in the metropolitan area of Guadalajara, Jalisco. Poster session presented at 21st IAGG World Congress of Gerontology and Geriatrics of the International Association of Gerontology and Geriatrics, San Francisco, CA.

REFERENCES

Available upon request.